



Kentucky State Parks National Trails Day Activities

June 4, 2011

Buckhorn Lake Hook or Walk Day

Location: Buckhorn Lake State Resort Park

Time: 9 a.m. to 9 p.m.

Details: Buckhorn Lake is celebrating "Free Fishing Weekend" and National Trails Days. Borrow a fishing pole from the recreation department for FREE to hook a fish, or take a nature walk on one of our trails. Programs such as "Learn How to Fish," Project Learning Tree, WILD and guided walks will be offered throughout the day to interpret the history, wildlife and ecology of the park. For more information call 1-800-325-0058.

Columbus-Belmont History Hike

Location: Columbus-Belmont State Park

Time: 9 a.m. to 5 p.m.

Details: National Trails Day is June 4 and Columbus-Belmont State Park invites you to participate in our "History Hike." Stop at the Gift Shop between the hours of 9 a.m. and 5 p.m. to pick up your map, information and a free bottle of water. Call 270-677-2327.

Dale Hollow Hook or Hike Day

Location: Dale Hollow Lake State Resort Park

Time: 9 a.m. to 9 p.m.

Details: Dale Hollow Lake State Resort Park invites you to celebrate "Free Fishing Weekend" and "National Trails Day" on June 4, 2011. Several programs will be offered throughout the day from 8:30 a.m. – 8 p.m. CDT such as "Fishing 101," Leave No Trace, and guided hikes will be offered throughout the day to interpret the history, wildlife and ecology of the park. All activities are free. At 7 p.m., learn about Simon Kenton, an explorer and frontiersman of Kentucky, during this living history presentation provided by the Kentucky Humanities Council Chautauqua program. For more information call 1-800-325-2282.

Greenbo Lake State Resort Park-National Trails Day Hike

Location: Greenbo Lake State Resort Park

Time: 10 a.m.

Details: The National Trails Day Hike will begin at the trailhead located at the parking lot of the Jesse Stuart Lodge. The hike will follow part of the Fern Valley Trail and then veer left onto the Michael Tygart Trail for about 1½ miles and follow the lake shoreline in a forest of oak, beech, sassafras and poplars. The total hike will cover about 3 miles, and hikers should remember to bring water, snacks and a camera. The seven principles of Leave No Trace will be discussed. For more information contact Paul Verespy at paul.verespy@ky.gov or 606-473-7324.

Creatures of the Night Adventure Trek at John James Audubon

Location: John James Audubon State Park

Time: 6:30 – 9 p.m.

Details: Venture out with the interpretation staff on National Trails Day and discover the mysticism of night-time creatures. Dress for the weather, bring a flashlight and meet us at the Audubon Museum for this free event. Contact Julie McDonald at 270-826-2247 or juliea.mcdonald@ky.gov.

Nature Hike on the Jenny Wiley Trail

Location: Jenny Wiley State Resort Park

Time: 8 a.m - 2 p.m.

Details: Come join us for a hike you won't soon forget. We will celebrate National Trails Day by hiking the Jenny Wiley Trail, a 4.5 mile excursion that will not only give you a challenge, but will also deliver breathtaking views. we will shed light on various aspects of trail maintenance, natural and scenic opportunities, native plant and wildlife, and much more. Meet at the breezeway of the May Lodge at 8 a.m. We will finish at the Terry Boat Ramp at approximately 2 p.m. Don't miss this opportunity to enjoy of the most scenic areas of Eastern Kentucky. Call 1-800-325-0142.

Lake Barkley Celebrates National Trails Day

Location: Lake Barkley State Resort Park

Details: Lake Barkley is calling all volunteers to help with the flood cleanup and to celebrate National Trails Day on Saturday, June 4. Recent floods have left a lot of debris on trails and shorelines and we need your help in getting them back open. Volunteers are asked to arrive at 9 a.m. in the lodge parking lot to get assignments; at noon we will meet at the campground for a cookout. The park will provide bags and some tools, but please bring gloves and dress for getting dirty. Scouts, families and community members are encouraged to help. Contact Mary or Nick for more information nick.edmonds@ky.gov or 1800-926-1188.

National Trails Day: Guided Hikes on the Sheltowee Trace

Location: Natural Bridge State Resort Park

Time: 8 a.m. - 4:30 p.m.

Details: Enjoy a day of hiking on the Sheltowee Trace Trail, which is Kentucky's longest trail. As a part of the National Trails Day, two different hikes will be offered along the Sheltowee Trace Trail at Natural Bridge at 8 a.m. and 1 p.m. Hikers will get a good look at the area's rugged cliff lines, rock shelters, rhododendron and natural arches. Hikers will meet at the Hemlock Lodge lobby for each hike. The fee per hike is \$6/adult and \$4/ages 10-17. Ages 17 and under must be accompanied by an adult. The minimum age requirement is 10 years old. Space is limited and pre-registration is required. Contact Tyler Morgan at tyler.morgan@ky.gov or 606 663-2214 to register for the hikes or for more information.

Pennyrile Forest State Resort Park National Trail's Day

Location: Pennyrile Forest State Resort Park

Time: 9 a.m. - noon

Details: Celebrate National Trails Day by hiking several of the park's trails. We'll explore parts of the Lake Trail and Pennyroyal Trail. You are welcome to bring hand clippers to help us tidy up the trail as we enjoy it. This event is open to adults and children ages 5 and up. All children ages 17 and under must be accompanied by an adult. This event is free. Call 1-800-325-1711.

National Trails Day Hike to Clear Creek Hollow

Location: Pine Mountain State Resort Park

Time: 8 a.m.

Details: This 4.5-mile guided hike will follow the route of the abandoned railway, and passes over four trestle bridges and through a sandstone tunnel. Pre-registration is required and van transportation will be provided for the first 10 participants. To register or for more information contact Dean Henson at dean.henson@ky.gov or call 800-325-1712.



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